

## QUICK WINS





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### Welcome

These 20 Quick Wins have been done by local people just like you. You can do it too! This guide explains and showcases how they can be done, like a recipe book for community-led action! Quick wins are a fantastic way to make instant impact in your community. They attract attention (and volunteers!) to build momentum and trust in your team, and your community. Perfect to get a team started or give it a reboot and generate some energy. Read on to learn and be inspired.

### Contents

Show your place some love Page 3 - 7







Events Page 8 - 10

Family Fun Page 11 - 14



Art in the community
Page 15 - 18





# Connected by the Town Team Charter

Town Team Movement links together small groups focussed on improving their own local area through shared values, which we have summarised in the Town Team Charter. The Charter is a shared story of what Town Teams are and how they are expected to act. It's a summary of the 'Town Team Way'. The achievements listed in this booklet are very different and each relevant to their local area. The Charter is the thing that unites us all and brings this book together.

Get a copy of the Town Team Charter at

> townteammovement.com/town-teams/

A Town Team is	A Town Team is not
About improving a place or area	About promoting a group or interest
Positive and proactive	Negative and reactionary
Action-focussed	Just about talking and advocacy
Apolitical	Politically aligned
Inclusive and open to all	Just for particular people or groups
By the community, for the community	Controlled by a local government
Required to align with the Charter	Operating without principles
Creative, innovative and fun!	Overly formal, stuffy or hierarchical

# Doing To, For, With or By Community

These actions are all done BY the community, often with support or encouragement from the local government. Community-led actions create multiple wins.

- Shared responsibilities
- Encourages active citizens

Doing BY
the community

Doing WITH
the community

Doing FOR
the community

Doing TO
the community

- It's the government's responsibility
- Encourages passive consumers

# 1. Jane's Walk





lature

FREE!

A Jane's Walk is a hosted walk around a neighbourhood, with a focus on sharing local knowledge and stories.



### INGREDIENTS:

- An area you want to explore
- Retailers, residents or others to share their stories about the place
- Put the call out for people to join you on the walk

> www.janeswalk.org



### METHOD:

- 1. To prepare, grab a friend and go for a walk around your area.
- Listen, observe, and learn interesting things about the place. Knock on some doors and ask a few people to see if they would like to share their stories of the area.
- **3.** Work out a day, time, a walking route and a schedule.
- **4.** Once you have a route planned; invite your community to join you on this walking conversation.











Get to know the community

FREE!

The town cryer or speakers corner is an age old public activation method. Where people got up and spoke to an audience about whatever was on their mind.

### INGREDIENTS:

- A public space
- a social media event
- local volunteer speakers
- box or milk crate to stand on

- 1. Find a public space that could fit 20+ people in.
- Put a post on your socials telling people you want to organise a speakers event and would anyone be interested in jumping up and speaking.
- Make an event on social media and promote it.
- 4. Enjoy the event

# 3. Street Library



A community street library is a communal 'box of things' (usually books) that people can contribute to or borrow from.



### METHOD:

- Find a reasonably prominent place people walk by, find or make a box with a lid or door so people can open and shut it.
- 2. Place it somewhere people can reach it.
- 3. Pop a sign on it so people know what it is and invite them to use it!
- Then put a call out for locals to contribute books and other items others in your community maybe interested in borrowing!

### INGREDIENTS:

- A private or public space to put a library
- A box on a ledge or stick
- A sign ie: "The Mullalyup Street Library"
- An invitation (online or letterbox drop!)







Add a seat on your street



Get to know the community

Encourage walking and make your street friendlier and safer by encouraging people (particuarly seniors) to linger for longer.

### INGREDIENTS:

A bench or seat

Dog water bowl

### METHOD:

 Put something outside your house to make people feel welcome



## 5.) Host a Competition



Get to know the community

An informal (or more serious) competition can provide an excuse for people to contribute or celebrate something unique about an area. Examples could include: a best photo of the area competition, a dog show, a bake-off (lasagne, cake, scones etc), best coffee or barista contest, best nature strip garden challenge or shop window competition.



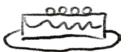


### INGREDIENTS:

- choose the competition topic
- work out the process including:
  - how do people submit.
  - how are the winners chosen.
  - how will it be promoted
  - prizes and glory
- incentivise community-led action!
- > https://www.vicparkcollective.com/lasagnebakeoff

### METHOD:

- 1. Make it simple, fun and creative
- Promote and encourage people to get involved
- Go through the process
- Find the winners and celebrate!



By Medina Residents Group / West Perth Local



6.) Catch Up at the pub or local cafe



Get to know the community

One of the easiest ways to bring your community together, is to simply ask people to get together.

METHOD:

### INGREDIENTS:

- Community Members
- Venue
- Invitation





2. Invite people - this could be verbally, via social media or letterbox drop.

Pick a time, date and location for

your catch up; it could be at your

local cafe or the pub.

You might want to organise some name stickers or conversation starter questions, however often informal, organic gatherings spark the best connections.





Paint n Sip





Get to know the community

Arts

Embrace your inner artist with a Paint 'n' Sip event. As the drinks start flowing, so do the creative juices - what masterpieces will your community create?

### INGREDIENTS:

- Tables and chairs
- Canvas
- ☐ Paint, Palettes, Brushes
- Towels and Water for clean up
- Food and drinks

### METHOD:

- Invite your community to create their own masterpiece at a paint'n'sip event. You could use blank canvas, follow an artist's instructions or paint an object such as plaster cast gnomes!
- Guests can enjoy a glass of wine or beer as they paint, chat and enjoy getting creative. Depending on your venue, guests might purchase food and drinks or BYO.



Yoga has so many health benefits, as does being outside and connecting with your community. Join all these elements together with a yoga practise in the park.







Get to know Healthy the community

### INGREDIENTS:

- Yoga mat or towel
- Open space



### METHOD:

- Engage a local yoga teacher to offer an open air class in your local park.
   This might be free for participants or for a small fee.
- 2. Making the class beginner friendly is an inclusive way to gain participants remember you don't need fancy equipment just clothes you can move in and a towel is all you need to nourish your body and soul.

9

# 9. Chalk Fun





Get to know the community

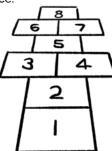
Arts

Chalk is an easy and temporary art medium to create a masterpiece, set up an obstacle course or simply express yourself through art.



### METHOD:

- 1. There are no rules on how you can use chalk to activate your place.
- **2.** You could draw hopscotch on your pavement and encourage people to play.
- You could leave the box out and see what masterpieces people draw
- **4.** You could encourage colouring in pavers in different colours.
- **5.** There's no limit to what can be created with a few sticks of chalk and a lot of imagination.



### 10. Set up a Play Street

Play streets temporarily reclaim a quiet residential street to create a place for neighbours of all ages to connect and play and build stronger and healthier communities.





Get to know the community

know Healthy munity



### INGREDIENTS:

- A street
- Local people of all ages



- 1. Get some ideas at www.playaustralia. org.au/index.php/1000-play-streets
- Talk to your neighbours to see if they want to get involved or hand out invitations
- 3. Start small and test the idea

# 11. Box City





FREE

Arts

Simple ideas are often the best! Box City is a quick, cheap, family-friendly activity that can keep kids amused for ages, allowing parents to relax and chat.



### INGREDIENTS:

- Empty cardboard boxes
- □ Gaffer tape
- □ Scissors
- An empty space (e.g. park, street verge or car park)

### METHOD:

- Collect empty cardboard boxes from shops, department stores or residents.
- 2. Tip whitegoods boxes are fantastic!
- **3.** Tape them up and then put them into a space to play with.
- Add some extras for adults likes drinks, music or a food truck



12 Christmas Caroling

Spread some Christmas cheer to your town centre by singing Carols for Christmas OR Christmas in July!

### INGREDIENTS:

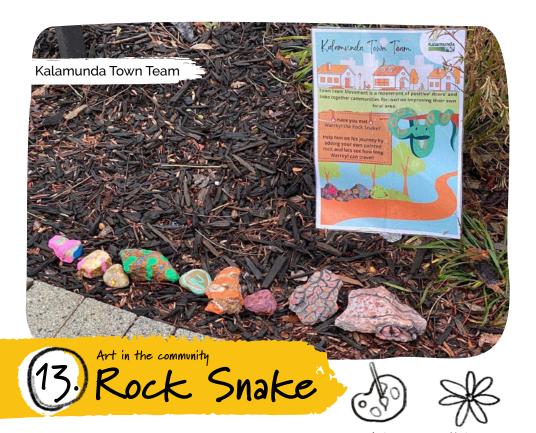
- ☐ Portable speaker
- Song books
- Festive outfits optional
- ☐ Christmas cheer!



- Print up some songbooks and compile a playlist.
- Put on your favourite Christmas attire.
- 3. Head down to your town centre
- 4. Sing!







Remember the rock painting craze, where people would paint river stones and hide them in parks and gardens? A rock snake expands on this, forming a snake of painted rocks in a public space.

### INGREDIENTS:

- ☐ river stones or rocks
- paint and brushes
- creativity

### METHOD:

- 1. Determine where your rock snake will slither, is it going to be a permanent installation with the rocks cemented in; or a temporary snake where the rocks can be rearranged and added to?
- 2. Engage your community to paint rocks to form your snake; this is a fantastic activity for all ages to participate in.

# 14. Wheelie Bin Painting







Get to know the community



Art can improve most things - even utilitarian wheelie bins! This is an engaging and easy to organise activity for budding artists of all ages.

### INGREDIENTS:

- ☐ Garbage or recycling bins
- Paint
- Artists of any ability

- An activity for a street to do together.
   Put a call out for old paints lying
   around in the shed, or see if a local
   hardware store can donate some
   products.
- 2. Find some keen artists to provide some instructions and encourage people to paint their bins.



### 15. Brick Painting



Arts



Get to know the community

A splash of colour can make a big difference! Boring brick walls or paving are perfect for this quick win activity.



### INGREDIENTS:

- ☐ Brick wall or paved area
- ☐ 6 to 8 colours of outdoor, sun-resistant paints (e.g. Wattyl Solagard)
- Paint brushes
- ☐ Disposable coffee cups

- 1. Select the area that you are going to paint.
- Pour some paint from the tin into a coffee cup and hand to a helper with a paint brush.
- The painter can paint any brock they like, with the only rule being to not put the same colours next to each other.
- **4.** This produces a random, eyecatching effect, or come up with a design and create it via a paint by numbers approach.



Street stencilling is a simple and effective way to colour your town and get people talking! It also can contribute to road redesign and slow cars along your streets

### INGREDIENTS:

- blank pavement
- a design
- ☐ stencils
- paint (acrylic or washable)
- volunteers



- "Find some pavement and work with your team to come up with a design.
- turn it into a stencil this can be done at an art shop like Jacksons Art Supplies or another local shop.
- 3. Grab some paint if its your first time. We suggest washable paint so you can test colours and designs and see what the community's reaction is!
- **4.** You can use acrylic paint with a solar resistance for a more permanent finish. You can even do different designs for different seasons.
- **5.** Take photos and have fun. Give yourselves permission and watch the reaction from your community!

# 17. Seed Bombs





Arts

Nature

Sprinkle the little seed bombs somewhere that needs a pop of colour and life! Verges, empty garden beds, cracks in the footpath, vacant lots... just throw them in and watch them grow!



### INGREDIENTS:

- 4 parts bentonite clay
- 1 part native potting mix (sifted)
- a sprinkle of native fertiliser
- wildflower seeds



### METHOD:

- 1. Mix all ingredients in a large bowl.
- **2.** Add water slowly to make a playdoh type consistency.
- Roll into balls about 1 inch round.
- **4.** Add 4-6 seedbombs to a paperbag to give out or take home.
- **5.** Throw seed bombs where you would like to see some flowers bloom!



# 18 Clean Up Day



FREE!

Hands on

Clean Up Days or working bees are an excellent way to quickly improve a space or area. They help to show your commitment, attract local doers and create positive momentum. Plus you can see results very quickly!

### INGREDIENTS:

- ☐ Rubbish bags or sacks
- □ Gloves
- ☐ Hand sanitiser / wipes for clean up



- Choose an area to clean up, then invite your community to come and help.
- Your local government might be able to support with providing supplies and/or collecting the rubbish picked up.
- Remember to separate out recyclables and containers for change.

# 19. Guerilla Glardening

Find a patch of dirt or even a pothole and do a guerilla gardening blitz! It might be a permanent change or even just an urban provocation. The number 1 rule in placemaking is to show that someone cares about the space.





### INGREDIENTS:

- ☐ Find a space
- Add some plants



### METHOD:

- Try to choose plants that are native to the area, hardy and/or have low water needs. Native pigface (Carpobrotus glaucescens) is an excellent choice as it grows from cuttings (so bascially free), very hardy, native and spreads quickly over a patch of dirt.
- You might need to water whatever you plant to begin with until it gets established.



20. Clothing Swap



Get to know the community

Freshen up your wardrobe in a sustainable way by participating in a clothing swap in your community.

### INGREDIENTS:

- Venue
- Tickets / tokens
- Tables / display racks / hangers
- Pre-loved quality clothing



- Decide on a time, date and place for your clothing swap. Often a community hall works well.
- Put the call out for donations of clean, pre-loved clothing. Ticket your event, this might be free or a small donation to cover costs.
- Determine how many items each participant will recieve per ticket - 5 is a good number.
- 4. On the day of the event, set up clothing on tables / racks organised by size; you may need a few volunteers for crowd control as your community choose their new, but pre-loved clothes!

Write your ideas here:	
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