



## Creating a bank of skills, resources and connections

This exercise will help you to discover that most of the connections, skills and resources you need already exist in your community.

You just need to uncover and make use of them!

There are 4 sections:

- 1. Things I/we love. These could be activities, things or hobbies. How could we do something that is fun for us?
- 2. Skills either I have, my family has or my friends or neighbours have (i.e. if you asked a favour, what help could you get?)
- 3. Resources either I have, my family has or my friends or neighbours have
- 4. Connections either to other groups or people who could help us

Once you have done this exercise, you can then come up with creative ways to utilise the skills, resources and connections to deliver a project.

The best thing? You know that you can deliver creative project ideas by using the things you can get access to!

What could you do to improve your community with your skills, resources and connections?





1. Things I/we love to do	2. Skills
These could be activities, things or hobbies.	Skills either I have, my family has or my friends or neighbours
What do you love doing? Music? Sports? Eating? Arts?	have.
What do you love doing that could also be done in some way in	Skills might be formal skills, such as marketing or social media
a public space?	skills, being a builder or handyman or accountancy skills. Or
	they might be important skills, like being good with kids,
	managing conflict or organising a party.
	What are 5 skills you might have access to?





3. Resources	4. Connections
Resources either I have, my family has or my friends or neighbours have.  Resources might be real objects, like a ute, storage area or	Who do you know? Do you have connections either to other groups or people who could help us?
photocopier. Or they might be things like, motivation, passion or ideas. What are 5 resources you might have access to?	What are 5 connections you might have?



